

## Self-study Pack

Level 2	Topic	Aim	Language Focus	Skills
Lesson 20	생활 방식 Lifestyle	생활 방식과 이를 개선하는 방법에 대해 말하기	Would + infinitive enough/too much/not enough	듣기와 말하기

**Self-study**

1. 당신의 생활 방식에 대해 생각하세요. 당신의 생활 방식에 대해 영어로 말할 수 있나요?  
Think about your lifestyle. Could you talk about your lifestyle in English?
2. Task Sheet 1을 보세요. 당신의 생활 방식과 관련하여 *enough*, *too much*와 *not enough*의 문구를 연습합니다.  
Look at Task Sheet 1. You are going to practise the words *enough*, *too much* and *not enough* in relation to your lifestyle.
3. Task Sheet 2를 보세요. 당신의 생활 방식과 이를 개선하는 방법에 대해 말하기를 연습합니다.  
Look at Task Sheet 2. You are going to practise talking about your lifestyle and how you would like to improve it.
4. 이제 *Out There* 과제로 가세요.  
Now go to the *Out There* task.

**Out There**

*Out There* 회화 파트너에게 *too much*와 *not enough* 을 이용하여 당신의 생활 방식에 대해 말하세요. 당신의 생활 방식을 어떻게 개선하고 싶나요?

Tell your *Out There* conversation partners about your lifestyle using *too much* and *not enough*. How would you like to improve your lifestyle?

*Out There* 회화 파트너의 생활 방식에 대해 물어보세요.

Ask your *Out There* conversation partners about their lifestyles.

# Task Sheet 1

## Exercise 1

그림에 해당하는 단어를 상자에서 고르세요. 각 그림 밑에 알맞은 단어를 적으세요.  
Match the pictures to the words in the box. Write the correct word under each picture.

drink water	sleep	travel	work	exercise	relax
smoke	see my children	spend time with friends	earn money	read	
play computer games	eat healthy food	drink coffee			
practise my English	spend money	go out	recycle		



a.	b.	c.	d.	e.	f.
g.	h.	i.	j.	k.	l.
m.	n.	o.	p.	q.	r.

Answer Key의 답과 비교하세요.  
Check your answers in the Answer Key.

## Task Sheet 1 (continued)

### Exercise 2

당신의 생활 방식에 대해 생각하세요. 1번 문제에 있는 단어를 당신의 상황에 맞게 아래의 표에서 알맞은 자리에 배치하세요.

Think about your lifestyle. Put the words from Exercise 1 in the table below so it is true for you.

enough	not enough	too much

### Exercise 3

올리버가 자신의 생활 방식에 대해 말하는 것을 들어보세요. 아래의 활동 중 충분한 것은 *E* (enough) 불충분한 것은 *NE* (not enough) 너무 많은 것은 *TM* (too much)으로 표시하세요.

Listen to Oliver talking about his lifestyle. Mark the activities below *E* (enough), *NE* (not enough) and *TM* (too much).

work	earn money
sleep	go out with friends
see my children	drink coffee
exercise	go on holiday

Answer Key의 답과 비교하세요.

Check your answers in the Answer Key.

### Exercise 4

2번 문제에 있는 표를 이용하여, 당신의 생활 방식에 대한 단락을 *enough*, *not enough*과 *too much*의 문구를 써서 적으세요. 도움이 필요하다면 해답지에 있는 3번 문제의 녹음 대본을 활용해도 됩니다.

Using the table in Exercise 2, write a paragraph about your lifestyle using *enough*, *not enough* and *too much*. Use the audio script from Exercise 3 in the Answer Key to help you if you like:

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## Task Sheet 2

### Exercise 5

당신의 생활방식을 개선하는 방법에 대해 말하기.  
Talking about improving your lifestyle.

아래와 같이 *would like* + infinitive를 이용하여 글을 쓰세요.  
Write statements using *would like* + infinitive in response to the following:

Examples: I don't sleep enough. I *would like* to sleep more.  
I eat a lot of chips. I *would like* to eat more healthy foods.

1. I always work at weekends.
2. I speak English once a month.
3. I smoke.
4. I haven't been on holidays for three years.
5. I usually stay at home on Saturday evening.
6. I don't exercise.

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Answer Key에서 예시 답을 확인하세요.  
Check the sample answers in the Answer Key.

### Exercise 6

아래의 질문에 대한 정답을 고르세요.  
Choose the correct answer to the following questions:

1. Would you like more free time?  
a Yes, I'd.                      b Yes, I would.                      c Yes, I would like.
2. Would she like to finish work earlier?  
a Yes, she'd.                      b Yes, she would.                      c Yes, she does.
3. Do you smoke?  
a Yes, I do.                      b Yes, I would.                      c Yes, I would smoke.
4. Would you like to do more exercise?  
a No, I wouldn't.                      b No, I'd not.                      c No, I not like.
5. Would they like to eat more vegetables?  
a Yes, they are.                      b Yes, they would.                      c Yes, they'd.
6. Would he like to spend more time with his family?  
a Yes, he would like.                      b Yes, he does.                      c Yes, he would.

Answer Key의 답과 비교하세요.  
Check your answers in the Answer Key.

## Task Sheet 2 (continued)

### Exercise 7

2번 문제에 있는 표의 *not enough*과 *too much* 내용을 이용하여, 당신의 생활 방식에 대해 *would like + infinitive* 를 써서 적으세요.

Using the not enough and too much columns in the table in Exercise 2, make sentences using would like + infinitive about your lifestyle.

Example: I would like to earn more money!

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**Well done, you have now finished the preparation for the speaking practice task.**

## Task Sheet 3

### Out There Task

Ud. hablará con sus compañeros de conversación de *Out There* sobre su estilo de vida.

You are going to talk to your *Out There* conversation partners about your lifestyle.

**Out There** 회화 파트너를 부르기에 앞서:

**Before you call your *Out There* conversation partners:**

1. 과제를 신중히 읽어보세요.  
Read the task carefully.
2. 이해가 됩니까? 안 된다면, 다시 읽어보세요.  
Do you understand it? If you do not, read it again.
3. 파트너를 부를 준비가 되었나요?  
Are you ready to call your partners?
4. 파트너를 부르고 당신을 소개하세요: "Hi, my name is [당신의 이름을 입력하세요], I'm learning English, can I talk to you about lifestyle?  
Call and introduce yourself:  
"Hi, my name is [insert your name here], I'm learning English, can I ask you some questions about lifestyle?"
5. 'thank you'라고 말하고... 과제를 시작하세요.  
Say 'thank you'....and begin the task.
6. 파트너의 답변을 받아 적고 이해가 안 되는 단어나 문구가 있으면 'chat' 상자를 이용해서 철자를 알려 달라고 요청하세요.  
Remember to write your partners' answers down and ask them to use the 'chat' box to spell words and phrases you don't understand.
7. 당신의 회화를 녹음해서 다시 들을 수 있습니다.  
Remember you can record your conversations and listen to them again!

### Ready?

*Out There* 회화 파트너에게 당신의 생활 방식에 대해 *too much*와 *not enough*를 이용하여 말하세요. 당신의 생활 방식을 어떻게 개선하고 싶나요?

Tell your *Out There* conversation partners about your lifestyle using *too much* and *not enough*. How would you like to improve your lifestyle?

Task Sheet 1에 기입했던 내용을 활용하여, *Out There* 회화 파트너의 생활 방식에 대해 질문하세요. 상세하게 설명해 달라고 하세요. 파트너가 *너무 많이* 하는 것과 *불충분하게* 하는 것은 무엇인가요? 파트너가 자신의 생활 방식을 개선하기 위해 *더 많이* 혹은 *더 적게* 하고 싶어하는 것은 무엇인가요?

Using your work in Task Sheet 1, ask your *Out There* conversation partners about their lifestyles. Ask them to give you details. What do they do *too much* and *not enough*? What would they like to do *more* or *less* to improve their lifestyles?

이해가 되지 않는 단어는 파트너에게 설명해 달라고 요청하세요.

Ask your partners to explain any words you don't understand.

## Task Sheet 3 (continued)

New words and expressions:

## Answer Key

1. a. sleep; b. work; c. exercise; d. relax; e. spend time with friends; f. see my children; g. travel; h. eat healthy food; i. smoke; j. drink coffee; k. drink water; l. read; m. play computer games; n. recycle; o. practise my English; p. spend money; q. go out; r. earn money
3. work TM; sleep E; see my children NE; exercise E; earn money E; go out with friends NE; drink coffee TM; go on holiday E

### Listening script:

I work in Brighton. I have my own business so it is always busy. I spend too much time in the office and often work at weekends. My wife gets angry because I don't usually get home before 9pm and we don't eat dinner together. I see my children in the morning before work but I never see them in the evenings. They are asleep when I get home. I would like to see more of my children and read them stories at night. I do go to the gym three times a week and I often cycle to work, so I do enough exercise, I think. I drink too much coffee though – at least four cups a day! Too much coffee is bad for you. I sleep well. I get eight hours of sleep a night – it's important for me to get enough sleep so I go to bed quite early. I would like to go out and see friends more, but everyone is busy and a lot of my friends live too far away. My wife and I go on holiday quite often – we like to ski in winter and visit family in Spain in the summer. I don't think my lifestyle is perfect, but I am building a business and I earn good money – enough to live a nice life in Brighton. I can't complain!

5.
  1. I always work at weekends. I would like to spend more time at home.
  2. I speak English once a month. I would like to speak more English.
  3. I smoke. I would like to give up smoking.
  4. I haven't been on holiday for three years. I would like to go on holiday more often.
  5. I usually stay at home on Saturday evening. I would like to go out more.
  6. I don't exercise. I would like to do more exercise.
6. 1. b; 2. b; 3. a; 4. a; 5. b; 6. c